

WHEN THEY DON'T LISTEN



**Short, grounded phrases for the moments
you've already repeated yourself twice.**

**Designed for ages 3–8
WhatToSayCards.com**



How To Use These Cards



These cards are for the moments when you've already asked twice... and you can feel your patience wearing thin.

Because in real life, staying calm on the fifth repeat is hard.

These aren't magic words. They're **ready words** – so you don't have to find the right ones in the middle of it all.

Use them as they are, or tweak them so they sound like you.

One simple way to use them:

Say the first line. Acknowledge what's happening. Give the clear direction. Then follow through if you need to.

Keep it short. You don't have to overexplain. You don't have to say it perfectly. You just need something to reach for.

Quick-Start Guide



Before You Begin – Read This First

You don't need to read all the cards before this helps.

Here's the simplest way to start:

Step 1:

Think about the one moment that happened most recently – shoes, screens, bedtime. Find that card. Read it once.

Step 2:

Keep it somewhere you'll actually see it – on the counter, on the fridge, in your pocket or saved on your phone.

Step 3:

Use it once. Just once. See how it feels.

You don't have to use it perfectly.

You just have to have it ready.

The more you use the same order – **Start, Acknowledge, Direction** – the more natural it becomes.

One card. One moment. That's enough to start.

Bonus: Your download also includes a print-and-cut card set (four per page). Print the ones you need most and keep them somewhere handy.

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